

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Ngoetjone Thou**

Has successfully participated & completed the

**21km CDM 4-in-1 2019**

held at Polokwane Rugby Fields.

**TIME 03:01:16**

**PACE 08:36/km**

**GENDER 139 of 206**

**OVERALL 409 of 530**

**SENIOR (20-39) 62 of 91**



16 February 2019, Sat

Date

*BoutTime*

Signature

